

Backing up a Database



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To backup a database go to: C: / Program Files (x86) / nSpire Health / nSight (As above) & select nSightBackup .

This will open a window as in Fig 1. Select your Database you wish to backup from the list and select BACKUP.

A box will open as in Fig 2. Select the location where you wish to backup the database, select SAVE, or re-name the Database and select save, after some time depending on database size, backup complete message will appear.

This will make a .BAK file. The database can be imported at any time using the .BAK file.

